

A rare opportunity to hear

Montague Ullman



Montague Ullman, M.D., is one of the best-known names in the field of dreamwork. For three decades, Dr. Ullman has devoted himself to extending dreamwork beyond the consulting room, out into the community, where ordinary people can help each other understand their dreams.

Dreams are intensely private, intrapsychic communications, Dr. Ullman teaches. They focus on unresolved issues from our past, and in doing so repair our connection to others; dreams require socialization to deliver their message to the fullest. The Ullman Method of dream-sharing is a powerful structure within which group members both help and benefit, while the dreamer remains the final authority on the dream's meaning. The four stages of the Ullman Method are sequenced to provide the dreamer with a sense of safety so the dreamer may "spark across the metaphoric gap between dream image and waking reality."

Dr. Ullman's career spanned an early period in the practice of neurology, psychiatry, and psychoanalysis, followed by a transition to community psychiatry. In the 1960s, he was director of the psychiatry department at Maimonides Medical Center in Brooklyn, where he also founded one of New York's first sleep laboratories and conducted groundbreaking experiments in dream telepathy. He is clinical professor of psychiatry, emeritus, at Albert Einstein College of Medicine. A Web site of Dr. Ullman's writings is maintained at <http://siivola.org/monte/>.

Thursday, November 10, 2005 »« 6:30 refreshments, 7 p.m. program

The Community Church (downstairs meeting room)
40 East 35th Street (between Madison and Park avenues), Manhattan
\$25 suggested admission, pre-registration encouraged »« (212) 741-2207

Co-sponsored by:

- » Friends of the Institute for Noetic Sciences (fions.org)
- » The International Association for the Study of Dreams (ASDreams.org)