

The 25th Annual Conference of the  
**International Association for the Study of Dreams**  
Tuesday July 8 through Saturday July 12, 2008  
at the Hôtel Auberge Universel Montréal

## **PROGRAM DESCRIPTION**

*(subject to change without notice)*

Explore the meanings and mysteries of dreams and dreaming with world famous authors, psychotherapists, psychoanalysts, artists, educators and researchers from all over the globe. This year the conference features both English language and French language tracks to satisfy the needs of attendees. Join us for 4 1/2 days of workshops, lectures, exhibits, and events examining dreaming and dreamwork as presented through traditional and innovative theories and therapies, personal study, scientific research, cultural and spiritual traditions, extraordinary and PSI related dream phenomenon, and the arts. Over 150 workshops and events on all aspects of dreaming are planned, with topics and events of interest to the general public as well as professionals. Special events include an opening theatrical event and reception, three world-renowned keynote speakers, Two dream art inspired exhibits, a dream telepathy contest, a dream hike , a botanical gardens experience, and the ever popular closing costume Dream Ball.

### **KEYNOTES**

**Guy Corneau, MA.**, is a Montrealer. He titled his Keynote address, "**Dreams of Meaning; A Personal Experience**" He describes, "All my life long I've searched the meaning of dreams and finally found out that dreams give meaning to our lives. I plan to devote this lecture to sickness and dreams that come along with it, giving meaning to the sickness and to the treatments when, sometimes, there don't seem to be any. Every sickness of the body is a soul sickness as well. The link between the psyche and the matter is weakened and the suffering body makes it clear. To find meaning in our dreams is not always an easy task. Dreams are helpful when attempting to understand what was constellated at the psychic level that has sunk into the body. Guy Corneau is a Jungian analyst, trained at the Jung Institute in Zurich. He is an international author of five best-selling books including, *Absent Fathers*, *Lost Sons: The Search for Masculine Identity*; and *Lessons In Love: The Transformation of Spirit Through Intimacy*.

**Milton Kramer, MD, *The Dream Experience: A Systematic Exploration***, based on his book of the same name, Dr. Kramer's discussion will show that dreams reflect psychological differences, are orderly not random, and can be searched for meaning from many points of view. The many functions that have been posited for dreaming and the biological concomitants for the dream experience will be described. Milton Kramer is currently Visiting Clinical Professor of Psychiatry at the College of Medicine, University of Illinois in Chicago.

Montreal's own **Tore Nielsen, Ph.D.**, will deliver his presentation titled **Normal and pathological dreaming: Current research from the Montreal Dream & Nightmare Laboratory**. He will be speaking about the latest research findings from his dream laboratory dealing with both normal and disturbed dreaming. Some of these studies include: the effects of virtual reality exposure on dreaming; tests of an emotion-regulation function of dreaming; the epidemiology of bad dreams in preschoolers; the pathophysiology of nightmares in adults; and the Baby-in-Bed (BIB) nightmares of new mothers. Tore Nielsen, Ph.D., is a Full Professor in the Department of Psychiatry, Université de Montreal, Director of the Dream & Nightmare Laboratory at the Sacré-Coeur Hospital Research Center, and a Research Professor of the Quebec Mental Health Research Fund.

**Opening Event** – Marking the 25th anniversary of IASD, we will open the conference with a multi-media presentation titled **The Art and Science of Dreaming**: that traces one night of sleep -- from Hypnagogia to Hypnopompia (i.e., from the onset of sleep to wakefulness). The presentation will incorporate scientific discoveries by employing visual imagery, video, and poetic live appearances. The work of many IASD members will be intertwined in the program, which will provide a prospect for viewing progress of the past quarter century and a portrait of current issues in dream studies.

These lead off presenters are Fariba Bogzaran, Ph.D., Founding Director of the Dream Studies Program at John F. Kennedy University in Berkeley California, and Daniel Deslauriers, Ph.D., Professor of the East-West Psychology Program at the California Institute of Integral Studies in San Francisco.

**2008 Conference Events** • Over 150 workshops and events on all aspects of dreaming are planned, with topics and events of interest to the general public as well as professionals. Special events include: the Friday evening opening event and reception; evening receptions each day; two Dream Art Exhibitions; a Dream Telepathy Contest Wednesday evening; a Botanical Gardens tour and a Dream Hike on Thursday afternoon; and on Saturday evening the ever popular closing costume Dream Ball.

This year we will also feature an exciting event new to our conferences, The 2008 Dream Expert Auction where each winning bidder will receive personal time with the dream expert they “win” along with an individualized gift package. The proceeds will support the IASD mission to further dream research and broaden public awareness of the benefit of dreams. Please check our web site for details, and if you wish to contribute to this event please contact [annefrey@comcast.net](mailto:annefrey@comcast.net)

**EARN CE CREDITS** (Continuing Education) for selected sessions. The conference offers Continuing Education credit for selected sessions for psychologists, M.F.T. therapists, social workers, and other health professionals. The International Association for the Study of Dreams (IASD) is approved by the American Psychological Association to sponsor continuing education for psychologists. IASD maintains responsibility for this program and its content.

**DREAM ART EXHIBITS** -There will be two exhibits of dream-inspired art that will be displayed. One is at Gallery Art Neuf from July 2 through to the end of August. The second is at the Hôtel Auberge Universel, July 8 thru 12, with a reception on Thursday, July 10 for conference attendees. Check the IASD web site for details on how to submit entries. [http://www.asdreams.org/2008/idx\\_art.htm](http://www.asdreams.org/2008/idx_art.htm) or contact Kim Vergil at [okvergil@videotron.ca](mailto:okvergil@videotron.ca) to be added to a mailing list and receive entry materials when available. The deadline for art entries is April 1, 2008

2008 Nancy Richter Brzeski Dream Art Awards – Thanks to the generous ongoing support of Nancy Richter Brzeski, awards will be granted to artists chosen from among those whose work is accepted for the shows. Full details will be available on the IASD web site.

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## List of Presentations

(Abbreviated Titles, In Alphabetical Order by Presenter, Subject to Change)

## Featured Presentations and Events

- *Political Psych and Dreaming: American Conservatives and Liberals* – Kelly Bulkeley, PhD
- *Rêve et Cancer* – Guy Corneau (French Track)
- *Comment la nuit porte conseil sur les rapports intimes* – Gayle Delaney, PhD (French Track)
- *Dreams: Relationship Counsellors Without Equal* – Gayle Delaney, PhD
- *Dream Telepathy Contest* – Rita Dwyer, CPC; Robert Van de Castle PhD
- *Rêve et Créativité* – Patricia Garfield, PhD (French Track)
- *L'image centrale du rêve* – Ernest Hartmann, MD (French Track)
- *Cultural Issues in Understanding and Working with Dreams*- Alan B. Siegel, PhD

### **French Track (French Language Track)**

- *Les hommes, les rêves et l'intimité* - J Blackburn
- *Les rêves pour clarifier la mission personnelle* – P Boucher ; D Cardinal; M Bacon
- *Impact des émotions oniriques sur l'adaptation émotionnelle à des stimuli affectifs standardisés* - J L Carrasco, MSc
- *Que pensent les gens à propos des rêves?* – C C Simard, BA; D Beaulieu-Prévost, PhD; A Zadra, PhD
- *Les émotions comme constitutives de l'image onirique* – P Clément, Psychiatre
- *Et si les rêves servaient à nous éveiller* – K Daudelin; M Lévesque; L Robin; M Clermont; B Petit
- *Rêves et le champ intersubjectif: multiplicité, réciprocité et duplicité* –D Deslauriers, PhD
- *Le rêve, un des quatre états de l'évolution de la conscience* - M Upanishad; L Dupuis, MA
- *Rêves et expression créatrice* – Prof L Fortier
- *Rêves, tableaux, séries et histoires de vie* – L Fradet, MA
- *5 catégories de rêves et 5 techniques d'analyse pour les décoder* - N Gratton
- *Les rêves tout au long de notre vie* – N Gratton; C Riedel; C Desloges
- *Symboles de rêves, vecteurs puissants dans la sacralisation quotidien* – M Lévesque
- *À la recherche du sens de ses rêves* – N Pesant, PhD
- *Theâtre et tâche de rêve* – S Prévost, thérapeute
- *Comprendre les images sexuelles dans les rêves* – C Riedel, analyste
- *Rêves en fin de vie pour faciliter la grande traversée* – M Séguin
- *Les rêves durant la grossesse et le post-partumr* – C Sabourin, PhD Cand

### **Workshops**

- *Using Hypnosis to Work with Your Dreams* – D Barrett, PhD

- *Mandala drawing for understanding dream symbols – A Bengtsson, CP*
- *Solution Oriented Dream Decoding – L Dalfen*
- *Meditative Dream Re-Entry - T DeCicco PhD; D King, BSc*
- *Intuitive Dreamwork during Transitional Times – M Emery, PhD*
- *Revealing the "Third Perspective of the Dream" - S Ginsberg, MS*
- *Subpersonalities: Many Selves that Fill Our Dreams – G Goodwin, MA*
- *Tension of Opposites in Dreams and Waking – D Gordon. PhD*
- *Metaphors in Motion: Dreams and Art – R Gosselin, MSW; A Kingsbury*
- *Dream to Freedom Technique: Dreamwork & Energy Psychology – R Hoss, MS; L Hoss, MA*
- *The Rashomon Approach – D Jenkins, PhD*
- *Utilizing Central Dream Images & Personal Myth – T Lane, DMin*
- *Play Your Dreams, Dream Enactment - Prof. J Lipsky; J Boyes-Manseau*
- *Secrets of Interactive Dream Group Dynamics – A Lou, R Martánez, BA*
- *A Cinematographic Approach to Dreaming - J Pagel, MD*
- *Creative Projects for Dealing w/Emotional Content – V Rabinowe; F Diamond*
- *Using Dreamwork to Heal Traumatic Memory - L Schiller, MSW*
- *Tarot, Dreams and the Universal Psyche - L Schneider MA*
- *Working with Dreams as Co-created Outcomes – G S Sparrow, EdD*
- *The Montague Ullman-Approach – G Sundström, Psychotherapist*
- *Yogic Sleep and Hypnogogic Visions – C Swint, MA*
- *Discovering Meaning by Playing the Part - M Tappan, MA; I Clurman, MA*
- *Universal Dream Dance Circle - C Webb*
- *Recurring Dreams, Nightmares, What We Can Learn – A S Wiseman, MA*

## **Panels and Seminars**

- *Dreaming Across Cultures – R Andwandter, M Art; B Bjarnadottir, PhD; M P Lynch, PhD*
- *Visual Nature of Dreaming – S Asato, MA; R Hoss, MS; D Kahn, PhD; L Schneider, MFT*
- *Dreams and Society – M Chen, MS; K Kovelant, MA; M-Y Yeh, PhD*
- *Judeo-Christian Dreamwork -Ancient Tradition Flourishing Today – R Dwyer, CPC; K Bulkeley, PhD; Dr B Koet; Dr K Pansters; Rev G Nelson, DMin; Rev J Sedley; B Strickling, PhD; P Davis, PhD; M W Joyce, MA*
- *Tips, Tools and Techniques for Dream Group Leaders – G Goodwin, MA; D Jenkins, PhD; C Warner, MA; L Zaret, MSW; S Carter, PhD*
- *Psi Dreaming in Military Missions and Canadian Wilderness Environs -D Graff, MS; C Hallman, PhD; C S Webb, Physics*
- *Leadership Culture Dreaming: Exploring Environmental Issues – M Fowler, MA; R Russo, MA*

- *Dreaming in Multiple Colors: Neurophysiological, Psychological, Cultural Considerations* - C Hoffman, PhD; R Hoss, MS, M Schredl, PhD, M Mangini, BA
- *Dream Explorations* – J Lewis, PhD; P Schmieg, EdM, CAS; G Sturzenacker
- *Dreaming While Awake* -J Pagel, MD; E Hartmann, MD; R Levin, PhD; M Kozmova, MA
- *Recording Dreams as We Age* – C Pearson, PhD; M Emery, PhD, A Funkhouser, PhD; E Hartmann, MD; D Kahn, PhD; R Van de Castle, PhD
- *Dreaming Across Borders with Indigenous Peoples* - V Reed; N Cumbo; P Schmieg, EdM
- *Dreaming with our Ancestors* - T MacColl, MA; H Guttman, A G Swiecicki, MA
- *Dreams In Italian Poetry, Art, and Movies* – R Russo; B Welt, PhD; B Bjarnadóttir, PhD; F Bogzaran, PhD; L M Bottomley, MA; M Zanasi, O G Hansen, MA; P Rizzi, U Barcaro
- *Ecopsychology, Cross-Cultural Big Dreams, and Shamanic Lucid Dreams* – M Schroll, PhD; C Hoffman, PhD; R Hurd, MA; J Gardiner; J Conesa-Sevilla
- *Dreams and Soul-Making* – R Tompkins, PhD; W Piccolo, MA; M Pierce, MA; D Matheny, PhD

### **Research and Theoretical Track**

- *Dreaming About Major Life Issues: Pain, Relationships, Addictions & Breast Cancer* - T DeCicco, PhD; G Navara, PhD; D King, BSc; C Moran BA; H Higgins, BA; A. Smit, BA
- *Relationship Analysis in Dreams for Continuity* – A Frey, PhD
- *Video Game Play and Dream Bizarreness* – J Gackenbach, PhD; B Kuruvilla
- *Content Analysis of Video Game Players Dreams* – J Gackenbach, PhD; B Kuruvilla
- *The Emotional Content of Dreams* – A Goelitz, PhD
- *Diary Investigations Of The Retrieval Of Dream Memories* - C Horton, FHE
- *Statistical and Design Strategies in Dream Research* – P King, PhD
- *Dream Behavior in Austria - Survey (2007)* – G Kloesh; B Holzinger
- *Classifying Dream Anomalies: 'Style' of Narratives* – D Kuiken, PhD; L Byrtus; C Svob
- *Variations in Cognitive and Metacognitive Functions during Dreaming* – D Kuiken, PhD; D Kahn, PhD; P Stenstrom, MSc; T Kahan, PhD
- *Reflective Awareness in Dreams following Loss and Trauma* - M Lee, MS; D Kuiken, PhD
- *The Lingua Franca of Dreams* – A Leifer, PhD
- *Illness as foretold in dreams* – A Leuthold
- *Ontogenetic Trends and Gender Differences: Normative Study of Canadians* - M Lortie-Lussier, PhD; C Sabourin, PhD Cand., J De Koninck, PhD
- *Gender Differences In Dream Recall: A Meta-Analysis* – M Schredl, PhD
- *Dream Content In A Representative German Sample* – M Schredl, PhD
- *Theory of Mind Activities and Metamorphosed Characters* – Prof R Schweickert; Z J Xi
- *Can individuals dream about the personal problems of others?* – Prof C Smith; T DeCicco, PhD; C Moran, BA
- *The Threat Simulation Theory, New Empirical Evidence* – K Valli; A Revonsuo
- *Dreaming and Sleep-Dependent Memory Processing* – E Wamsley, PhD; R Stickgold, PhD, J Payne, PhD; C Smith, PhD

- *Waking and Dream Affect During Pregnancy, 5 Theoretical Perspectives – P Wigren PhD*
- *Across Disciplinary Borders: First-Person Dream Reports, Neurophilosophy and Neuroscientific Research - J Windt, MA; A Karim, PhD; N Langlitz, PhD; V Noreika, MSc*
- *Gender Difference Observed In A Taiwanese Sample - M Yeh, PhD; Prof C Huang*
- *Sexual Dreams Of Men And Women: Frequency And Content - A Zadra, PhD*

#### Hot off the Press and Poster Sessions

- Reflective Awareness in Dreams following Loss and Trauma - Ming-Ni Lee, Don Kuiken
- Categories of Reflective Awareness in Dreams - Ming-Ni Lee, Joanna Czupryn, Don Kuiken
- The Lingua Franca of Dreams - Anna Leifer
- Survey results of Dream Researchers and IRB Experiences - Jacquie Lewis
- Psychological Treatment of Nightmares in 6 to 11 Year-olds - Valerie Simard
- Working with dreams in psychotherapy: What do psychoanalytic therapists report that they do? - Patricia Spangler
- A proposition for a structural and linguistic analysis model for dream narratives - Laura Cariola
- Development of an automatic analysis technique for the classification and modeling of dreams' emotional content - Presenter: Joseph De Koninck; Authors: A.H. Razavi, R. Amini, C. Sabourin, J. Sayyad Shirabad, D. Nadeau, S. Matwin, J. De Koninck
- Temporal distance of memory sources during multiple sleep onset awakenings - Kieran Fox, Co-Authors: Philippe Stenstrom, Elizaveta Solomonova, Tore Nielsen
- Vestibular imagery during multiple sleep onset awakenings - Kieran Fox, Co-Authors: Philippe Stenstrom, Tore Nielsen, Elizaveta Solomonova, Jessica Lara-Carrasco
- Thematic content of recurrent dreams in 11-year-old children - Aline Gauchat
- Conditioning helps acquiring consciousness during dreams - Olivier Jaar
- Emotional intensity in dreaming: Associations with reflective awareness in dreaming and waking cognitive style - Tracey L. Kahan, Emily Luther, Jenny Imberi, Megan Thompson
- Threat Simulation Theory and Video Game Play - Beena Kuruvilla, Jayne Gackenbach
- REM sleep deprivation after a negative emotions induction task produces a different pattern of dream incorporation and dream emotions across a 10-day-period - Jessica Lara-Carrasco, Tore Nielsen, Elizaveta Solomonova, Philippe Stenstrom, Katia Lévrier, Ani Popova
- Temporal Delays in Non-incorporated Dream Content Following a Virtual Experience - Katia Lévrier, Tore Nielsen, Ani Popova, Sébastien Saucier, Vanessa Guérin, François Rabbat
- Interactivity in a virtual maze task produces day-residue and dream-lag incorporation effects - Tore Nielsen, Ani Popova, Katia Levrier, Christine Brochu, Kieran Fox, Isabelle Godin, Aïda Annick Ndiaye, Sébastien Saucier

- Dreams of adult nightmare sufferers are more anxious and inhibited - Tyna Paquette, Tore Nielsen, Ani Popova, Katia Levrier, Christine Brochu, Kieran Fox
- Virtual maze task exposure produces both day-residue and dream-lag effects - Ani Popova with Tore Nielsen, Tyna Paquette, MSc, Katia Levrier, Sébastien Saucier, Kieran Fox, Josianne Perron
- Effect of Dreams on psychiatric patients in a UAE study - Mohamed Omar Salem
- Enhanced dream reports and better identification of dream memory sources following training in an introspective technique - Elizaveta Solomonova, Tore Nielsen, Philippe Stenstrom, Jessica Lara-Carrasco, Christine Brochu, Marie-Eve Ross
- Recurring elements in dreams elicited from multiple sleep onset awakenings - Philippe Stenstrom, Kieran Fox, Tore Nielsen, Elizaveta Solomonova, Jessica Lara-Carrasco, Isabelle Godin

### ***Papers, Presentations and Special Events***

- *Finding meaning in significant dreams: the use of spiritual intelligence?*- K Adams, PhD
- *Dream Societies in South America* - R Anwandter, M Art
- *Dreams Reported During Therapy: Memory Source Analysis* – U Barcaro, P Rizzi
- *Dali's Dream of Venus at the 1939 World's Fair* – D Barrett, PhD
- *Symbolism, Body Armour, Chakras and Transformation* – A Bengtsson, SCP
- *Night & day time dreams of those with Schizophrenia and Psychosis* – S Benjamin, PsiD
- *Dreams and Projection - Crossing the Borders Between Us* – W Berry, MA
- *Text as Dream in Kafka's Metamorphosis* – B Bishop, PhD
- *"Hearts full of dreams" - Icelandic fishermen and their dreams* – B Bjarnadottir, PhD
- *Dreams and Lucid Art of Remedios Varo* - F Bogzaran, PhD
- *Harry Potter, Helping Children Overcome Nightmares* – G Bozorgmehr, MA: H Ebrahimi, MA
- *The Art of Dreaming* – M Brill, LCSW
- *Quantum Dreaming: The Dream's Place in the Universe* – N Brink, PhD
- *Rehearsing Post-feminist Superhero Mythology Cross-Culturally* – M Chen, MS
- *Dreaming Without Borders on World Dreams Peace Bridge* – J Campbell, MA; N Cumbo, Y Gonzalez-Baez, L Nassar, MA, V Reed, F J Seligson, JD: G Delaney, PhD
- *Homer's Odyssey, A Map For The Inner Voyage* – Dr C Desloges
- *What is the effect of the Moon on our Dreams?* - Dr L Clark ,PsiD
- *Literary Books of Dreams in English and French* – B Davids, MA
- *Enhancing Dreamwork through Dialogue with the Inner Self* – L Elliott
- *Educational Functions of Dreams in Islamic Mysticism* – O Felek, PhD Cand.
- *The Archetypal Dimension of Bereavement Dreams*- G Grubbs, PhD

- *Dreams and World Religions: Shadow, Projection and Peace*- Rev. B Haden, MDiv
- *Dreams, Allegory and Dream Vision* – M Hagen, MA
- *Amazing Grace, In Your Dreams* - L Hagood, Robert Waggoner, BA
- *Dreams and Hooking (up) Physical and Non-physical Clusters of Variables*- Dr D Halley
- *I'm Walking Around With No Clothes On* – A Hickey, BA Cand.
- *Developing Awareness of a Personal Mythology through Dream Education* – D Hickey, PhD
- *Un/Common Territories: Dreaming and Poetry* – J Hitchcock, PhD
- *The Link between Past and Present Trauma in Nightmares* – D Ilnicki, MA
- *The Roots of Healing Dreamwork in Welsh Mythology* – E Jeffries, BA; N Brink, PhD
- *Dream as Moral Parable* - J Kaminker, MA
- *Dreams in Jungian Psychology: Research, Diagnosis and Treatment* – S Khodarahimi, PhD
- *Dreams And Psychological Adaptation* – E Korabelnikova, PhD
- *Dreams of the Dead: Cross-Cultural Perspectives* - K Kovelant, MA
- *Dreaming Across the Border between Potential and Manifest Life* - J Larsen, MA,
- *Dreaming of Animals* – J Lewis, PhD
- *Animation and the Dream* – Prof R Lingford
- *The Three Cauldrons of Poesy: Dreams, Visions and Ancestry* - M P Lynch, PhD
- *The Dreams of Sheikh Muihideen Ibn Arabi* – M MacLean, BA
- *Prophetic Dreams for Our World in Transformation* – S Mehtens, PhD
- *Living the Dream: Rooftops of Tibetan World to Heart of the City* – S Moon Dancer, MHSc
- *Dreaming in Church* – Rev G Nelson, Dmin
- *New Developments in Dream Work with Cancer Patients* - W Pannier, T Lyons, Med
- *A Review of Precognitive Dream Studies Conducted Over 17 Years*- C Pearson
- *Working with dreams in Brief Couple Therapy* - M S Costa Pessoa
- *Call of the North: Peregrine's Pilgrimage* – P Schmiege, EdM
- *Dream of the Golden Boy Buddha in Water* - F J Seligson, JD
- *Dreams and Homeopathy* - C Sowton, ND
- *Dreams, Philosophy and the Inner Other* – B L Strickling, PhD
- *Tikkun, Jorbor, Beseta: 3 Dream Words from Beyond Borders* - G Sturzenacker
- *HASDEU, An Evolution Of The Dreaming Spirit* – C Voiculescu
- *Seeking the Dreamer of the Dream Through Lucid Dreaming* – R Waggoner, BA
- *Conversing with Dream Figures in Lucid Dreams* – R Waggoner, BA
- *Psychokinesis, Dreaming and Communication with the Dead* – C Warner,MSW
- *Transcendental Fantasy in the Cinematic Nightmare* – B Welt, PhD

## ***Morning Dream Groups***

- *Dream Group for Newcomers - Kelly Bulkeley & Jayne White-Lewis*
- *Healing Collage – S Asato, MA*
- *Analyse de rêve - P Boucher*
- *Dreaming Postures: Felicitas Goodman's Life Time Work - N Brink, PhD*
- *Working with Everyday Dreams – A Funkhouser, PhD*
- *Morning "theme" group – R P Gongloff, MA*
- *Yoga-Dynamics - J Emery, MM*
- *Meditation and Superconscious Dreaming – G Grubbs, PhD*
- *Developing Intuition in Group Dreamwork – C Hoffman, PhD*
- *Waking Up to Your Dreams – Justina Lasley, MA*
- *Tapping the Healing Potential of Dream Imagery – W Pannier, T Lyons, Med*