

## "Back at School Again"

**Christopher Sowton, ND., F.C.A.H.**

Ever wonder about that dream you had about being back at school? Ever wonder why you're still having it 20 years later? One of the most



Christopher Sowton

common types of dream in our culture is the dream of being back in school. Whether it is elementary school, high school, college, or university—there's a familiar problem: late for class, late for a test, unprepared for a test, held back from graduating, has not been going to class, failing a course, etc. We all have our own versions of this type of dream, and they tend to be anxious, frustrating and repetitive. What can be done about such dreams? **Come and find out!**

## "Dream Map of the Internal Healing Process" with **Elena Rossi, MSc, ND.**

In naturopathic medicine, a wide range of treatment tools are used to understand and address the root cause of a patient's presenting symptoms. Dreamwork can be used as one of these tools - especially in cases of anxiety, depression, and trauma recovery, dreamwork can drive forward the healing process and at the same time allow a peek into the healing process itself. How can dreamwork help you? Find out more about dreams and the internal healing process.



Elena Rossi

with

## Guest Facilitator

**Dream Sharing**  
**Rosemary Gosselin,**

MSW, RSW, BJ, NCPsya,



Rosemary Gosselin

Rosemary, practices dreamwork in a rural village on Georgian Bay. A psychoanalyst mentored by Donald Kalsched and Marion Woodman, Rosemary works with dreams from a Jungian perspective. Allowing the dreams to speak for themselves, our task is to learn how to listen to their metaphors, exploring and amplifying their images with the use of expressive arts.

# DREAMS MATTER

Our Night Time Dreams  
Carry Important Messages

Presented by

## THE INTERNATIONAL ASSOCIATION FOR THE STUDY OF DREAMS ~TORONTO REGION~

Sunday, February 2, 2014

10:30 am - 5:00 pm

- 10:00am Registration
- 10:30am Welcome
- 10:45am Back at School Again
- 11:30am Dream Map of the Internal Healing Process
- 12:15pm Lunch Break
- 1:15pm Heads-Up
- 2:00pm Dream Incubation for Health, Problem Solving and Creativity
- 2:45 pm Afternoon Break
- 3:00pm Dreams at End of Life
- 3:45pm Optional Dream Sharing in Groups
- 5:00pm Book Signing

Early Bird \$57.50

Students/Seniors \$55.00

After January 15, 2014 \$75.00

**IASD Members \$50.00**

Get your tickets online at  
Eventbrite.ca

<https://dreamsmatter.eventbrite.ca>

Sunday, February 2, 2014

**Metro Central YMCA**

Auditorium

20 Grosvenor Street  
TORONTO, CANADA

"Dream Incubation for Health,  
Problem Solving and Creativity" with

**Patti Allen, MA**



Patti Allen

Dreams are not just for psychologists and therapy. You can learn how to put them to use for better health, problem solving at work and with personal relationships and to tap into or increase your creativity. Start putting your dreams to work for you now! In this interactive presentation, both practical and fun, Patti will teach you how to do this, whether you are a beginner or long-time dream worker!

Early Bird	\$57.50
Students/Seniors	\$55.00
After January 15, 2014	\$75.00
<b>IASD Members</b>	<b>\$50.00</b>

"Dreams at End of Life" with  
**Jeanne Van Bronkhorst, MA,MSW**



Jeanne Van Bronkhorst

Dreams have an important role at the end of life, if we can learn to listen to them. Drawing from her experiences as a hospice social worker, Jeanne Van Bronkhorst shows how dreams often bring comfort, peace, and healing at the end of life. They encourage us to restore and strengthen our emotional attachments with each other even as we face our greatest separation. They help prepare us all for the next great leap into a mystery no one can fully comprehend.



Carlyle Smith

"Heads-Up" with  
**Carlyle Smith,**

Ph.D., C.Psych.

and

**Donna-Marie  
Newfield,**

R.C.S.T., B.F.R.P.

Medical Intuitive - DreamWork



Donna-Marie Newfield

Have you had a pre-cognitive dream - a dream that appears to portray a future event in your life? A pre-cognitive or 'Heads-Up' dream can be useful in a number of ways to enrich your physical and mental health, relationships, safety and career, just to name a few. Find out how you can use Heads-Up dreams to enhance your life.